



Much has been written about the full moon and whether it affects behaviour or sleep cycles. In fact, recent research has shown that many are affected in one form or another and anecdotally when there is a full moon the children are notably more 'lively'! It has been a sporting week and we look forward to the return of settled cycles and kindness to one another across the school.

On Tuesday 6 February the school will be taking part in Evacuee Day to tie in with our Harmony enquiry for the half term: Are Wars Cyclical? The theme for the day is Make do and Mend and with this in mind we will be running a Swap Shop on the day. We invite you to send in up to 10 items of children's clothes and shoes that you no longer need or want. We ask that the items are clean and in good condition. Your child(ren) will have the opportunity to take a certain number of items in return. Please send your items in next week. If anyone has a portable clothes rail we could use on the day please let Mrs Jackson know at: cjackson@hurstlodgeschool.co.uk

We wish the ski party who depart while the moon is still up on Saturday, plenty of snow, open slopes and a jolly good time. Remember to listen to those ski instructors and 'bend the knees'!

Miss Victoria Smit
Principal
Hurst Lodge School

Dates for your Diary

Wednesday
31 January
Chinese Dragon Dance
Workshop
Juniors through to Y9

Tuesday
6 February
Evacuee Day
Theme in lessons
for all years

Tuesday
6 February
Clothes Swap Shop
Whole School

Friday
9 February
Students are encouraged
to wear their House
Colours
for a £1 charity donation



School Houses

We have relaunched our School Housing System!
Our three houses at Hurst Lodge are **Malala**, led by Miss Butterworth, **Attenborough**, led by Miss Steele-Bodger, and **Rashford**, led by Mr Brown. Each House will be taking part and running different events throughout the academic year to support three local charities.



To celebrate our new launch, we would like to invite all staff and students, both in the Senior and Junior School, to wear their house colours on Friday 9th February. All students know which house they are in, but to remind them of the colours: Malala is yellow, Attenborough is green and Rashford is red. We would like to encourage all students to dress in their appropriate colour for the day and make a donation of £1 to kickstart our fundraising for the year!



Star Cook

Leon
Year 9





Art

Emily Scrivener-Ta's self-portrait has reached the finals of the Royal Institute of Water Colours Competition. The competition is for 11 – 18 years old 'Water Colourists of the Future' and is part of the Coronation award.

<http://royalinstituteofpaintersinwatercolours.org/the-ri-coronation-award/>

250th Park Run



Congratulations to Mrs Bidwell who completed her 250th Park Run last weekend!
She was supported by Mrs Summers and Mrs Grainger who both ran with her.





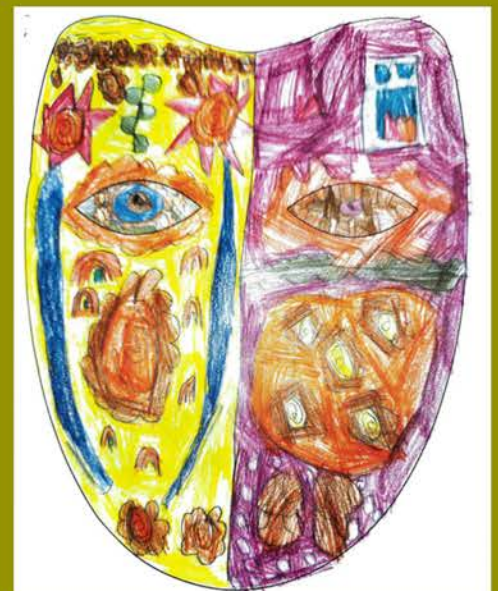
Dragonfly class in Art working hard on making Chinese New Year dragon

Year 8 English have worked so hard as a year group over the last 4 weeks, learning about Jekyll and Hyde, Victorian England and making posters with a good side and a bad side. They have just completed their first assessment on The Gothic, all of them trying their hardest and producing some excellent essays. As a department we are incredibly proud of them and as their teacher I am personally overjoyed with their progress.

**Year 8
Harmony**



Year 7



Miss Smit's

Notelet

The weather has taken a blessed turn for us at Forest School from -5 to something more comfortable and for that we are very grateful! Saying that, year 8 enjoyed a wonderfully frosty nature walk last week. Please enjoy our beautiful photos.

This week saw some very busy students enjoying Forest School. Our Year 7s have been creative in the mud kitchen and George learnt how to use a bow saw and whittle safely. Also, Avery and Maxwell enjoyed using our new cork boards and nailed some leaves beautifully. If you have any old kitchen items such as pans, baking trays and wooden spoons, they would be gratefully received in our mud kitchen.

The chickens are laying three eggs a day and are the friendliest chuckies I have met, enjoying cuddles and mealworms throughout the day.

Abi Summers
Forest Leaver



Forest School





Menu

Monday 29th January

Jackets, Salads and Sandwiches
(VG) Lentil dahl

Tuesday 30th January

Chicken and Chorizo Bake
(VG) Moroccan Falafel wraps with
hummus and roasted vegetables

Wednesday 31st January

Pasta with a Bacon Sauce or a Tomato Sauce,
carrots and peas

Thursday 1st February

Chicken with Roast Potatoes
vegetables and gravy
(V) Mushroom Stroganoff with Rice

Friday 2nd February

Brunch from 11 am

Salad Bar

Lettuce | Cucumber | Tomatoes | Potato Salad | Coleslaw | Beetroot
Tuna Pasta | Sweetcorn | 2 Composite Salads

Protein

Sliced Gammon | Boiled Eggs | Mackerel | Tuna

Extras

Yoghurts | Jellies | Fruit | Cheese & Crackers | Plain Pasta
Jacket Potatoes (with cheese & beans) | Selection of Sandwich
fillings are available (including Jam, Cheese, Ham)